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10 Secret Tips To Get Invited To Reality Truck Show

1. **Be yourself.** "Don't try and be somebody you're not," Jermaine Finks, who was on History Channel's "Top Shot" in 2011 agreed. "Don't try to be what they want you to be on the TV show or what you think they want you to be," he said. "Just be yourself, be real. You'll go long way with a lot of respect."
2. **Make sure you stand out.** If you want to get cast, you have to show producers why you are special. "You're competing with hundreds of thousands of people so you have to find a way to be creative to show you have a personality that people will want to watch," said Nicole Michalik, who was on the 2007 season of NBC's "The Biggest Loser."
3. **Know who you are representing.** "I had in the back of my mind everyday throughout the entire show my parents, my family and the boys that I coach and the kids I taught and the community of central PA," said [Brian Osborne](#), who appeared on ABC's "The Bachelorette" in 2013. "You always got to be conscious of that and it's tough."
4. **Remember, it isn't easy.** "If you don't think you're mentally tough, I would not recommend it," Osborne said. "It's a grueling process and it's not cut out for everyone. It brings out sides of you that you never thought you had." That being said, he was glad he did "The Bachelorette." "I think I've become a better person for it," he said. "Hopefully a reality TV show will do the same thing for other people."
5. **Note that won't necessarily become rich and famous.** "Being on a reality show isn't a life changing experience," Houser said. "You're just on TV, which to me is not that much of a big deal. A lot of people are doing these reality shows think they're going to get rich and they're just not."
6. **Be ready for when it's over.** "You have to say [appearing on a reality show] is only going to serve as a jump-off point," Michalik said. "You can't use it to say 'My life is going to be forever different.' You have to hold yourself responsible," she continued. "People leave 'The Biggest Loser' and feel angry because they feel they didn't provide enough care for after - but the way I see it, they provided us with a change in our lives."
7. **Think twice.** "Everyone thinks of winning, but what is it like to lose in front of hundreds of millions of viewers? You have to be prepared for the repercussions," said [Pippa Calland](#), who has appeared on "Chopped," "Chef Wanted" and "Chef Race." "These shows explicitly state in the contract that it's not their job to make you look good. If you do anything to make yourself look bad they'll use it... Think long, think hard and think twice."
8. **Be prepared to hand over control.** "You have to be prepared to have [the show] spun in whatever direction the producers want it to be," said [Troy](#)

Spackman, who competed on the 2014 TruTV series "Motor City Masters."
"You have no control over what does get shown, what doesn't get shown."

9. **Don't let people deter you.** "I think you should follow your dreams regardless of what people say," said Keith Diffenderfer, who competed on the 2013 season of **"Ink Master"** on Spike TV. "If you have a dream that's large enough you should follow it no matter what - you should definitely go for it and do your best."
10. **Zac "Horse" Gordon**, who was on "America's Got Talent," concurred. "If you don't do it, all you can have is regret for not trying," he said. "There's always a chance you can do it and be successful. It takes a certain amount of courage to even try. Either way would be a positive outcome."